

SPAIN

traditions, food, restaurants and what you
should know about it

Things you should know

People there are really open, sociable and chatty. They like to make new friends so you don't have to be afraid to talk to them. Good thing to do when you're talking to someone is to not only say hello but also to ask them how they are doing.

Second thing you should expect is that Spaniards pay a lot of attention to meals. They like to eat pretty late but most often not alone but with family or friends, and talk a lot with each other at the time. Also, they have a habit of resting after a good dinner, which is called siesta.

Another fact is that things most often don't start on time. Maybe official meetings do, but if you've arranged to meet up with a group of friends or have been invited to a party, don't be surprised if you'll have to wait a while for it.



5 Spanish delicacies you should try

If you're going to visit Spain, for example Valencia, you should know some of the Spanish dishes or desserts so you won't missed the opportunity to taste them in the place they come from.



Paella- one of the most popular dishes throughout Spain, consists of rice with chicken or seafood and some Spanish spices



Patatas bravas, a fried potatoes with tomato or paprika sauce



Gaspacho, usually cold-served cream soup, made of fresh vegetables such as tomatoes, cucumbers and red pepper with the addition of olive oil, garlic and stale bread



Tortilla Española is a thick omelette with fried potatoes and sometimes vegetables



Churros, a sweet snack made of deep fried pastry, coated in sugar

Restaurants you should eat at, being in Valencia



Neco

Place where you "eat as much as you want". You pay around 12-18 Euros (depending on the day) and eat anything what is on the offer that day (paella, dishes with rice, salads, fishes, pasta and delicious deserts). Also there is 5 of them in Valencia so you can find it easily.



Loving Hut

Great option for vegetarians but not only. It is in the centre and just like in Neco you can eat as much as you want for 10-12 Euros or take the menu of the day for around 5 Euros and enjoy your great dinner.



100 montaditos

It's a popular chain of restaurants. Food isn't top of the range there but people still find it good and it costs only a few euro (on certain days only 1 Euro). On the offer they have mainly the title "montaditos"- small sandwiches.



The Good Burger

Place for everyone who prefer fast food over sandwiches, seafood or rice. It's not expensive, easy to find and tasty.

HOW TO MOVE AROUND VALENCIA

By bus or metro

You can check the tickets' offer and buy the one that's the most profitable e.g. disposable one, for 10 trips and many others

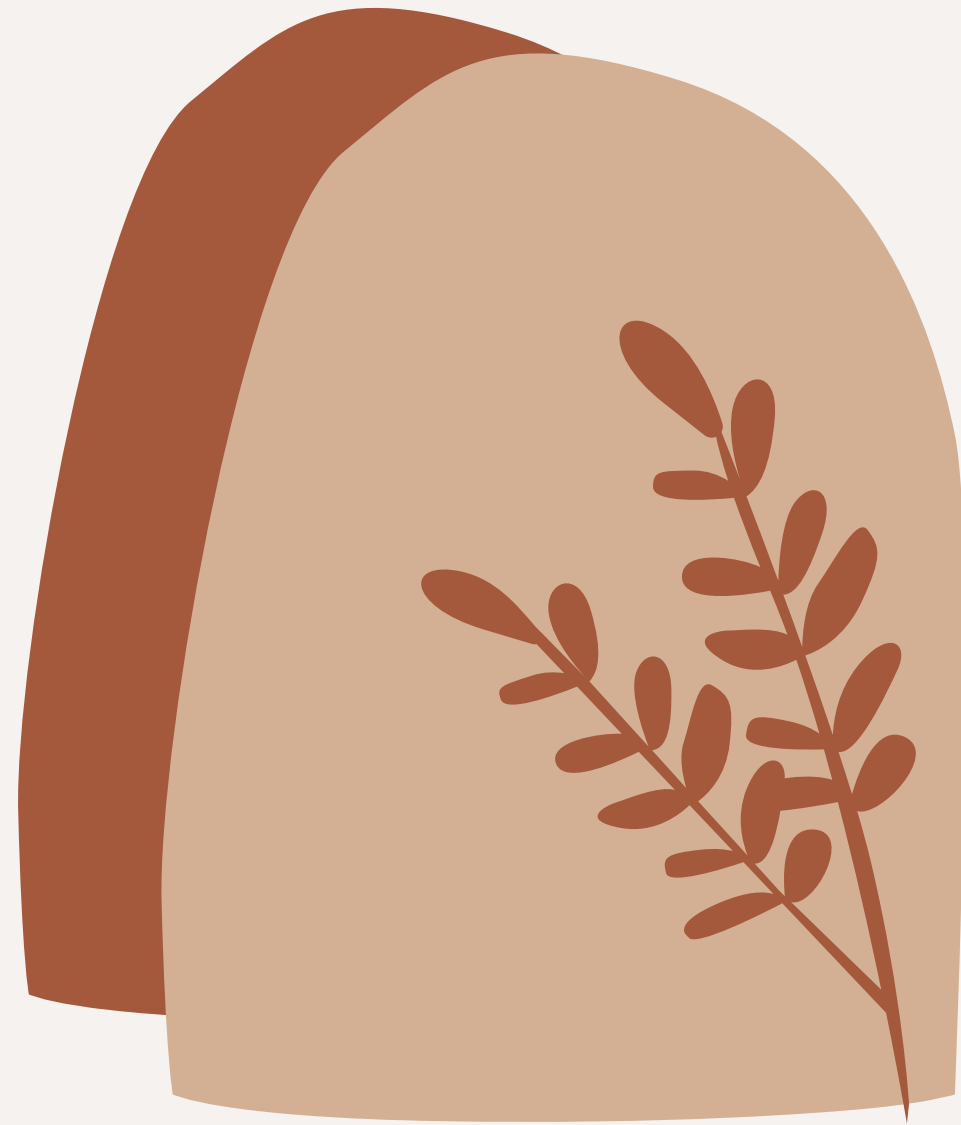
Valenbisi- by bike!

You can buy the Valenbisi's subscription and travel between 257 stations, on any of the 2750 bikes. After 30 minutes of ride, a fee is charged, but you can always put the bike to the station and then take it again.

Of course you can also use electric scooters

It's fast and you can avoid the traffic jams with it but driving on bicycle paths you must watch out for cyclists and pedestrians.





Thank you for your attention

I hope it will help you in the future.

Have a great time in Spain :))